



# Dolphin News

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February 5, 2017

## PARENTS:

In an effort to ensure the safety of all students, classroom visits need to be made in advance. All birthday celebrations will be conducted in the cafeteria during your child/children's lunch time. Please notify your child teacher two days in advance of the birthday celebration.

All volunteers wishing to assist in the building must complete the appropriate paperwork for clearance. Information can be obtained from the main office.

As we continue to improve, please ensure that your child arrives to school by 9:15 a.m. daily. If he/she would like to have breakfast, they should arrive by 8:45 a.m. Dismissal will begin at 3:55 p.m. daily. Please be reminded, we will no longer dismiss after 3:20 p.m. This will help ensure that there is limited classroom. Disruptions as teachers provide those final 35 minutes of instruction. Having practices in place ensures the safety of all our children. If you have any questions please do not hesitate to contact the school.

## Upcoming Events

Feb. 8, 2017 –Crossing Guard Appreciation Day.  
Feb. 20, 2017- School (Snow Make-up Day)

Feb. 21, 2017- PTA/ Math- Science SOL Night  
Grades K-6.

(PBIS)  
Character Trait for the Month of  
February 2017:  
Fairness: The quality of making  
judgments that are free from  
discrimination.

## BLACK HISTORY MONTH



Black History quote: "The time is always right to do what is right" Dr. Martin Luther King Jr.

## February is Women's Heart Health Month!!!!

- It is very important that you remember to have your regular checkup. Some signs of Heart Attack Warning:  
Chest pain or discomfort that lasts for more Than a few minutes.
- Pain in the neck, jaw, arms or upper back.
- Abdominal pain or feeling of heartburn.
- Cold sweats or clammy skin.
- Unusual tiredness or nausea.
- Dizziness or lightheadedness.
- Shortness of breath.



Student's Year Books are still on sale.  
Time is running out!!!!!!

Don't Miss Out! Pre-order your child's 2016-2017 yearbook for only \$12. The deadline to order is Friday, March 31<sup>st</sup>.

Our teeth will last us a life time, only if we take care of them  
remember to brush every morning and night and floss daily.